

Newsletter

School Website: www.albanvaleps.vic.edu.au



Dear parents and carers,

As we reach the halfway point of Term 3 I would like to thank parents, students and staff for maintaining a positive attitude to remote online learning. I am pleased to see that the majority of our students are engaging with their teachers and completing their set tasks, however, I must remind parents and students of the importance of the timetabled learning support group meetings. These meetings give students an opportunity to actively participate in face to face explicit teaching time with their teacher and peers and is a valuable tool for both teachers and students. The school relies on the support of parents to ensure your child's engagement with the school during the remote learning period and we appreciate your commitment to assisting your child in maintaining a regular school routine.

DET Webinar- Managing the Coronacoaster

On Tuesday 25 August, the Department of Education and Training is presenting a free webinar for parents and carers by renowned child psychologist Dr Michael Carr-Gregg, on building family resilience during coronavirus (COVID-19).

Parents and carers play a vital role in helping children feel safe through uncertain times.

Dr Carr-Gregg's webinar is aptly named Managing the Coronacoaster – Tips for building resilient families in the coronavirus era.

In this webinar, Dr Carr-Gregg provides tools and strategies for parents and carers to help manage the lockdown and remote learning. Topics include:

- your supportive role
 - setting the emotional tone
 - focusing on what you can control
 - how to deal with disappointment
- further resources and where to get help.

Dr Carr-Gregg's presentation will run for 45 minutes. This will be followed by a 15-minute question-and-answer session in which parents and carers can ask Dr Carr-Gregg questions.

Webinar details

- **When:** Tuesday 25 August
- **Time:** 7:30pm
- **Duration:** 45-minute presentation followed by 15-minute questions and answers session
- **Format:** online via Webex

Cost: free

How to register

To register and for more information visit the [Managing the Coronacoaster – Tips for building resilient families in the coronavirus era eventbrite page](#).

Prep Enrolment 2021

Prep enrolments for 2021 are being taken now. If you have any children who will be attending Albanvale PS in 2021, please call to receive enrolment information. We encourage families to do this as soon as possible, so that we may begin to plan the prep transition program for Term 4.

Pre enrolment forms are available from kindergartens and on the school website <https://www.albanvaleps.vic.edu.au/enrolments> and can be emailed to albanvale.ps@education.vic.gov.au or dropped off into school letter box.



Term 3:
**Being responsible for your thoughts, words and actions and
the consequences that follow**

Attendance

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

A reminder to all families that online learning starts at 8.45am. Students need to log into Google Classroom and comment on their class posts so that their teacher knows they are at school every day and attendance can be marked. If your child is sick or are unable to participate in online learning on a particular day, please notify the school via the COMPASS app or call the school absence line on 9367 2197.

Student's MUST attend their learning support group meetings at their allocated times. Please be up to date with your child's timetable each week.

Learning Support Time

Teachers have created a timetabled learning instruction time for all students. This enables students to have access to an explicit teaching and learning time where they can speak directly to their group and classroom teacher. Teachers will also provide learning support and feedback to students at this time. It is expected that all students will meet with their teacher at their allocated time. If your child misses their meeting a follow up phone call will be made by office staff. Please ensure your child knows the timetabled time for their learning support time each day.

Online Workbooks- Resource Packs

Due to the imposed Stage 4 restrictions, we have made the transition to online workbooks for students in grades 1-6. We anticipate that students will gradually become familiar with online workbooks which will eliminate the need for families to collect work packs from the school. Work packs for the Prep cohort will remain and be mailed out to families every two weeks. Students will also be able to access eBooks to ensure they maintain their daily reading requirement.

Given their limited experience with the school's software packages, Prep students will continue to receive a hard copy pack each fortnight which will be posted out via mail.

Home School Partnership

We encourage parents and students to email any questions in relation to teaching and learning to their classroom teacher via Compass. Teachers will endeavour to respond within 48 hrs. For more information on communicating with teachers, please refer to our Communication Policy which can be found on the school's website: www.albanvaleps.vic.edu.au

Any technical enquiries should be emailed to the school email on albanvale.ps@education.vic.gov.au

COVID 19 Advice for Parents, Carers and Guardians

With the uncertainty that surrounds coronavirus there are many questions that families have about how it impacts their life at home and school. The most up to date coronavirus information relating to schools can be found on the Department of Education website. Please follow this link

<https://www.education.vic.gov.au/parents/Pages/coronavirus-advice-parents.aspx> for further information.

Brimbank Library

Brimbank Library has now closed however, they have lots of eBooks and resources students can access:

<https://www.brimbanklibraries.vic.gov.au/index.php/learning/kids-resources>

Victorian Premiers' Reading Challenge

The 2020 Victorian Premiers' Reading Challenge commenced last term.

As you know, reading helps ensure children develop important foundational skills - setting them up for school and for life. Just as importantly, reading also helps our kids imagine, explore and learn more about the world around them. This year, everyone who completes the Challenge will receive a Certificate of Achievement - and with more than 12,000 titles on the Challenge's reading list, there really is a book for everyone. For students from Prep to Year 2, the Challenge is to read or experience 30 books. For students in Years 3 to 10, the Challenge is to read 15 books. Happy reading!

Free online study help for students with a Brimbank Library membership

The banner features the text "Free study help, anytime, anywhere" in a sans-serif font, with "Studiosity" below it in a larger, bold font. A yellow pencil icon is positioned above the letter 'i' in "Studiosity". The background of the banner is white with a yellow and blue abstract shape on the right side.

Free study help, anytime, anywhere
Studiosity

Did you know that Brimbank Library members have free access to Studiosity for online, after-hours, one-to-one help with homework and study questions?

Studiosity is a free online tutoring program, which provides study help to all students and community members.

Studiosity employs subject matter experts who are available 24/7 to provide quick one on one tutoring support to students of all ages from grade 3 to postgraduate level.

Students can also upload their essay and written work and receive feedback within 24hours.

From primary school to university students, Studiosity is able to help across a wide range of subjects and questions through [Brimbank Libraries' website](#).

Studiosity has two services:

- **Writing Feedback:** Students can upload any writing draft and receive feedback that helps them think about and improve their own work.

Connect Live: Students can ask a question or draw a diagram and get immediate help via live chat with a qualified Subject Specialist, across all core subjects.

Studiosity can help with questions after school, on weekends and during holidays from a friendly, qualified Subject Specialist - just when you need that extra support.

Students also have access to over 750 practice tests and downloadable worksheets with their accounts. These quizzes are available across English, maths, chemistry, physics and biology for Year 5 through to Year 12 levels, including NAPLAN specific content.

How to get started

You'll need to become a member of Brimbank Libraries to access the service and then to log into your account, all you need is your Library member number and password. If you are not a member, you can [join online](#) .

Once you have a Brimbank Libraries membership, you can access Studiosity [here](#).

You can also download the Studiosity mobile app, available in the app store and Google Play store, and link it to your account for extra features like saving a question for later, snapping a quick photo of a problem or using voice-to-text technology.

Happy studying!

COVID-19

Protect yourself
and loved ones



Help prevent the spread of respiratory diseases like COVID-19

+ WASH YOUR HANDS

Wash your hands with soap and warm water regularly.



+ COVER A COUGH OR SNEEZE

Cover your cough or sneeze with your sleeve, or tissue. Dispose of tissue and wash your hands afterward.



+ DON'T TOUCH

Avoid touching eyes, nose or mouth, especially with unwashed hands.



+ KEEP YOUR DISTANCE

Avoid close contact with people who are sick.



+ STAY HOME

If you experience respiratory symptoms like a cough or fever, stay home.



+ GET HELP

If you experience symptoms of COVID-19 (cough, fever, shortness of breath), call your health care provider or local health department before seeking care.





**ENROL NOW
FOR
2021**

**DOVER STREET
ALBANVALE
PH: 9367 2197**

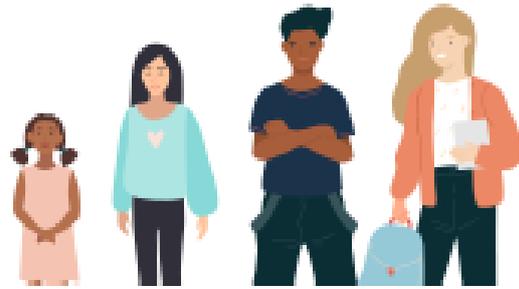


**ALBANVALE
PS**

Achieving Excellence Together

eSafety parents and carers

Tips and advice on helping your child have safe and enjoyable experiences online



Balancing online time

Playing games online is great fun but you need to make sure that your online world does not take over your life.



With more and more mobile devices on the market it is easy and tempting to stay connected 24 hours a day, seven days a week, but it is also very important to know how and when to disconnect.

How much is too much?

This is a good question and varies from person to person with different impacts. It's important to be aware of how your time online may be affecting your friendships, your family and your schoolwork, especially if it's keeping you up at night. If any of these areas of your life are becoming problematic then it is likely that you need to cut back in the amount of time you spend online.

Why is it a problem?

Spending excessive amounts of time online can have significant impacts on your health, family and social life and on your academic performance at school.

How do I know if I have a problem?

The following indicators may be signs that you spend too much time on the Internet:

- ongoing headaches, eye strain and sleep disturbance
- online activities interfering with your health and wellbeing, schoolwork and relationships
- constantly talking about particular online programs, such as a gaming site
- withdrawal from your 'real world' friends and activities
- attributing more importance to your online activities and contacts than anything else
- decline in your academic performance at school

Where do I go for help?



Kids Helpline



eheadspace



Triple Zero
(000)