

# Newsletter

School Website: [www.albanvaleps.vic.edu.au](http://www.albanvaleps.vic.edu.au)



Dear parents and carers,

Our focus for Term 4 is to make sure that each student is supported in their wellbeing and learning needs, and can finish the year with the confidence to progress to the next year level in 2021.

I want to assure you that we will respond to the unique and individual learning and wellbeing needs of all of our students, to prepare them for the transition, and continue to build their knowledge, skills and resilience.

We have support available to help identify and meet the individual learning needs of each student. Our school will use teaching strategies that draw on the best evidence available to help students close any learning gaps and meet their learning needs.

If you have concerns about your child's progress, please contact your child's teacher via the school's email: [albanvale.ps@education.vic.gov.au](mailto:albanvale.ps@education.vic.gov.au)  
Your child's teacher can arrange a phone meeting with you to discuss how we can work in partnership to support your child in their learning in order to complete this year and progress to the next year level in 2021 with confidence and optimism.

## Staff Changes

Ms Vosko from Prep V will be taking Personal Leave for the remainder of the year. We wish her well and welcome Ms Anna Ricci (Mon-Wed) and Ms Eleanor DiFelice (Thur-Fri). Both Ms Ricci and Ms DiFelice are experienced teachers who have taught at Albanvale Primary School for many years. Both teachers are looking forward to teaching Prep V and maintaining the high teaching and learning standard set for the class by Ms Vosko.

We also welcome new staff member Mr Anthony Katiforis to Albanvale Primary School. Mr Katiforis will be working as part of our Enrichment Team in the area of Physical Education whilst Ms Kwong is on leave. Please feel free to introduce yourself and make him feel welcome at our school.

## Public holiday

Friday 23<sup>rd</sup> October is the Grand Final Day public holiday; there is no school for students on this day. We hope families enjoy the long weekend with their children.

## Book Week - Dress Up Day

Each year across Australia, the Children's Book Council of Australia (CBCA) brings children and books together celebrating CBCA Book Week. In 2020, CBCA Book Week will be held next week 17<sup>th</sup> October-23<sup>rd</sup> October, with the theme 'Curious Creatures, Wild Minds'. To celebrate Book Week, Albanvale Primary School will host a Dress-Up Day on Thursday 22<sup>nd</sup> October. Students are encouraged to dress up as their favourite book character on this day and will be involved in fun classroom activities throughout the day.

## IMPORTANT DATES

### **Term 4**

**Book Week**

**Dress Up**

**Thursday 22nd Oct**

**Public Holiday**

**Grand Final Day**

**Friday 23rd Oct**

**Student Free Day**

**Monday 2nd Nov**

**Public Holiday**

**Melbourne Cup**

**Tuesday 3rd Nov**



## SUNSMART POLICY

**No Hat!**

**No Play!**

Hats must be worn at all times when playing outside.

## **Grade 6 Transition Program**

A successful transition from primary to secondary school involves students being able to move seamlessly to their new setting. Moving from primary to secondary school is an important step in the next stage of your child's education. This happens alongside the transition from childhood to adolescence and includes many changes – both physically and emotionally. In an effort to ensure a well-planned and coordinated approach to successfully transitioning students from primary to secondary school over the next term, we will be introducing a new Year 6 Transition Program commencing next week. The program hopes to:

- Maintain continuity of engagement in learning and development for all students
- Maintain and build on academic performance of all students
- Support and develop the social and emotional wellbeing of all students
- Support students with organisational aspects of change from primary to secondary school

The program will involve Year 6 students having specialist teachers for all their subjects rather than one classroom teacher. The students will be required to read their timetable and attend the classroom of their allocated subject. Students will have core subjects of Literacy & Numeracy and Specialist Programs, as well as elective subjects and recreational sports.

Our Year 6 cohort seem very enthusiastic about the change in program for this term and are looking forward to some of the exciting new opportunities being presented to them.

## **Attendance - Every Day Counts**

Attending school all day, every day helps students to build their learning and maintain strong social connections with their friends and teachers. **There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.**

A reminder to all families that all students are required to attend school every day. If your child is sick or is unable to attend school on a particular day, please notify the school via the COMPASS app or call the school absence line on 9367 2197.

## **Uniform**

School uniform promotes a sense of identity, pride, cohesion and good order in a school. It allows students to feel equal and enhances individual student safety and group security, as well as enhancing the profile and identity of the school and its students within the wider community. The School Council Policy of Albanvale PS states that uniform is compulsory for the students of Albanvale. It is important that parents are vigilant in ensuring students' appearance reflects the expectations of the school community. We would appreciate your assistance in ensuring that a high standard of uniform is maintained. Please note: Socks must be worn with closed shoes. Jeans or leggings under dresses are not allowed.

### **Prep Enrolment 2021 - NOW TAKING ENROLMENTS**

Prep enrolments for 2021 are **being taken now**. If you have any children who will be attending Albanvale PS in 2021, please call to receive enrolment information. We encourage families to do this as soon as possible, so that we may begin to plan the prep transition program for Term 4. Pre enrolment forms are available from kindergartens and on the school website <https://www.albanvaleps.vic.edu.au/enrolments> and can be emailed to [albanvale.ps@education.vic.gov.au](mailto:albanvale.ps@education.vic.gov.au) or dropped off into school letter box.

### **Students leaving Albanvale PS in 2021**

Please let the office know if your child is leaving the school at the end of this year, so that we may begin the transition process for your child with their new school. Please contact the school on 9367 2197 or via the school email [albanvale.ps@education.vic.gov.au](mailto:albanvale.ps@education.vic.gov.au)

### **Student Grade Placements 2021**

Teachers will begin the process of placing children in grades for 2021 in the next few weeks. This is a very long and thorough process with much consideration given to ensuring that each individual child's needs are met. Students will have an opportunity to complete a friendship list and will be placed in a grade with at least one friend. Teachers will refer to this list, as well as their current knowledge of the child, before allocating your child to a class for next year.

Our aim is to create an environment in each classroom that promotes optimal learning. Teachers spend considerable time and effort creating grades, which cater for the educational, social and emotional needs of all children.

Should your child have any specific needs that you wish to bring to my attention in regard to grade placement, could you please make an appointment to discuss these with me by Friday 23<sup>rd</sup> October.

### **School Policy Ratification**

The following school policies are scheduled to be ratified at the next school council meeting on the 28<sup>th</sup> of October. These policies are located and can be viewed on our school's website. Please email any feedback regarding the policies to Esma Bala (Assistant Principal) via the school's email address [albanvaleps@education.vic.edu.au](mailto:albanvaleps@education.vic.edu.au) by the 26<sup>th</sup> of October.

- Aquatics and Water Sports
- Bully Prevention
- Care Arrangements for ill children
- Diabetes Management
- Medication
- Mobile Phones, use by children
- Out of Home Care
- Sun and UV Protection
- Welfare, Wellbeing and Learning

Mrs Vermezovic

**SCHOOL PRINCIPAL**

Thursday, October 15<sup>th</sup> 2020

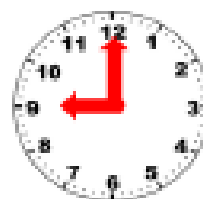
# Albanvale

## Attendance News

### School Starts at 9am

#### TIPS FOR BEING ON TIME:

- Go to bed early
- Set out your clothes, shoes and school bag the night before
- Prepare your lunch the night before
- Set an alarm in the morning
- Leave home on time everyday



**Remember Every Minute Matters**

**Parents/Carers** – have you moved recently or changed your phone number? Let us know and we will update your details so we can keep you up-to-date!

Please remember that it is your responsibility to notify the school if your child is going to be late or away from school.

You can log your child's absence by logging onto the **COMPASS** app or call the school absentee line on 9367 2197.

### Every Day Counts



Our goal is a **"FULL HOUSE"** (100% attendance) in all classrooms every day.

**It is not OK to be away!**

Welcome back to all Albanvale families from the Enrichment team. We are really excited to have the students back onsite and look forward to a term of learning and fun. This newsletter outlines the learning that will take place within the Enrichment program in term 4.

We'd like to welcome Anthony Katiforis who will be taking PE for the rest of the term.



STEM stands for Science, Technology, Engineering and Mathematics. These subject areas will be explored throughout the school year, with a change of focus in each term. STEM learning involve scientific and technological understanding, as well as practicing hands-on skills through experimentation and design.

Prep students will recognise and explore the characteristics and properties of natural and man-made materials. Using their learning about the needs of living things, they will design a family home. They will use simple drawings that include front view and material labels to communicate design ideas and build their house using Lego.

Grade 1/2 students will explore how animals move, and will identify the features of animals and plants that provide a survival advantage in their habitats. Students will investigate an everyday problem and design a solution inspired by biomimicry.

Grade 3/4 students will learn that forces can be exerted on objects at a distance by exploring the attraction and repulsion of magnets. Through hands-on investigation students gain an understanding of gravity, friction and magnetic forces at work in their everyday lives. They apply their knowledge through designing and building a magnetic game.

Grade 5 students will document the design process for their kidpreneur product through creation of a website. This website will be the face of their business, with a company logo, product descriptions, and marketing.

Grade 6 students will learn the basic principles of flight through an immersive study of aerodynamics. They will build a basic aeroplane model and record its flying qualities using a CTG machine. They will then investigate a series of modifications that they will test. Data will be gathered and used to produce an optimised design.

***Kim Miter***

### **Physical Education (P.E.)**

Welcome back to a new term! It's great to have the students back at school. This term we look forward to a fun-filled term focusing on improving our physical fitness, sporting abilities, game sense and sporting etiquette.

In Prep/1/2, students will continue to develop their fundamental motor skills of throwing, catching, jumping and striking through active play and mini games. Students will continuously focus on safety skills, procedures and consideration of team members when playing games and using equipment.

In Grade 3/4 students will be working collaboratively as a group to create their own invented game. Throughout this process students will work together to outline specific rules, equipment needed and a visual diagram of their invented game, which they will eventually share to their classmates. Additionally students will also develop, practice and apply strategies to be able to work cooperatively in groups and teams.

In Grades 5/6, students will be learning to apply basic rules and scoring systems, and demonstrate fair play when participating in a variety of sports such as basketball and invented games. Students will also explore defensive and offensive strategies through playing these modified games. Throughout this learning students will focus on working together as a team and learn how teamwork is a crucial factor in sporting games.

**A reminder that students must be dressed in appropriate sporting attire and bring a hat and water bottle to each lesson.**

***Anthony Katiforis***

The Prep, One and Two teachers would like to welcome you back to school in Term 4. We are happy to see all students settled and excited to be back at school with their teachers and friends.

In Reading, the Preps will be learn to infer and read with fluency, while the Grade 1/2's will be focusing on Inferring, and Question and Answer Relationships. In Writing, the Preps are learning about Narratives and writing their own Narrative Stories and the Grade 1/2 students will be learning to write Information Reports and Persuasive texts using the correct structure.

In Mathematics, the Prep's focus will be in the area of Multiplication and Division, Number Sense and Measurement (Length, Mass and Capacity), and the Grade 1/2's will be focusing on Number Sense and Measurement (Length, Mass and Capacity).

If you have further questions or concerns please make a time to see your child's teacher.

Regards Ms Lunn PL, Ms Ricci & Ms Di Felice PV, Mr Ibrahim I/2I, Ms Dinh I/2D, Ms Huynh I/2H & Ms Todio I/2T

### Some important reminders...



- We are a **Sun Smart school** so children need to wear a wide brimmed hat at school **EVERY** day.
- It is required that all students are in **FULL SCHOOL UNIFORM** every day.
- Take home books are sent home each afternoon. These are intended to be "easy" for your child to read. Please read this book with your child or listen to them read and sign their diary. Ensure they are returned daily. Teachers will be monitoring their home reading weekly.
- A Homestudy task will be sent home every Monday for your child to complete and needs to be returned every Friday.
- Please label all of your child's clothing and personal belongings.
- Encourage your child to pack and carry their own bag and be responsible for returning notes and work to school.
- Please supply a box of tissues for classroom use.
- Please ensure your child brings a healthy snack, (piece of fruit) for recess and a sufficient lunch.
- **'It is not okay to be away'**. We encourage all children to attend daily, unless ill. In instances where your child is absent, please provide a signed note or medical certificate to the teacher.

### School Wide Positive Behaviour

Our mission at Albanvale Primary School to ensure each student develops into a curious, critical and creative 21<sup>st</sup> century thinker and learner. To achieve this, our school follows the School-Wide Positive Behaviour Support (SWPBS) framework to nurture a community centered around a positive, safe and supportive learning culture. In 2019, through significant consultation between students, families and staff together agreed to a set of expectations that were developed to provide a clear understanding of the behaviours we must exhibit in each area of our school community. From their first day of school, each class has been discussing and practicing each of these school expectations to ensure all students know how they can demonstrate excellence at school.

To further encourage the positive behaviour our students regularly exhibit, the APS 'High Five!' acknowledgement system has been introduced, which can be awarded by any staff member to a student. Later this term, our elected leaders will be holding our first APS Market Stall giving students the opportunity to exchange their High Five Cards for a range of rewards.

We are encouraging all families to become familiar with the expectations outlined in the Behaviour Matrix, engage in discussions with your child about the expected behaviours and celebrate with them when they receive a High Five card. By keeping the focus on nurturing the positive behaviours expected of all students at our school, we can **achieve excellence together**.

TERM 4, 2020

Welcome back to all families of 3-6 students. We hope you all had a positive remote and flexible learning experience and are ready for a busy term ahead. This term there will be a major focus on Literacy, Numeracy and students' wellbeing.

In Reading, we will be looking at the comprehension strategy Analysing and Critiquing. As part of the Analysing and Critiquing unit, students will be learning how to dissect and focus on the choices the author makes whilst writing a text. We will also be looking at how effective the choices are at being able to connect with the reader. To support your child in their reading at home, please engage in 30 minutes of take home reading per day.

In Writing, the 3-4s will be learning about how to write a Biography. The grade 5s will be focusing on how to write an Explanation text and finally, the year 6s will be writing their own yearbook. Students will be learning about the structure and text features of the chosen text type. Students will also learn how to extend on their ideas through language choices such as technical vocabulary and descriptive language.

In Mathematics, students will apply learnt strategies and skills when investigating and solving problems within the mathematical areas of Measurement and Place Value. Students will be given ample opportunities to practice these skills through learning tasks such as open ended tasks and rich mathematical investigations. To further enhance your child's problem solving skills ensure that your child completes their weekly Math Mates.

As part of our transition program, the year 5 students will take part in the Kidpreneur Program where they will develop a small and exciting business opportunity. Through this experience students will gain an insight into budgeting, marketing and logistics.

The transition program for year 6 will involve students engaging in specialist subjects with different teachers rather than one classroom teacher in order to prepare them for the secondary school setting. Students will be required to read their timetable and attend the classroom of their allocated subject. Students will have core subjects of Literacy & Numeracy and Specialist Programs, as well as elective subjects and recreational sports.

This term the whole school value is 'Collaboration'. Students show collaboration on a daily basis by working effectively with others. There are many ways that people can demonstrate collaboration within their learning, such as working together to achieve a common goal when faced with a problem and giving their best effort whilst working in a team.

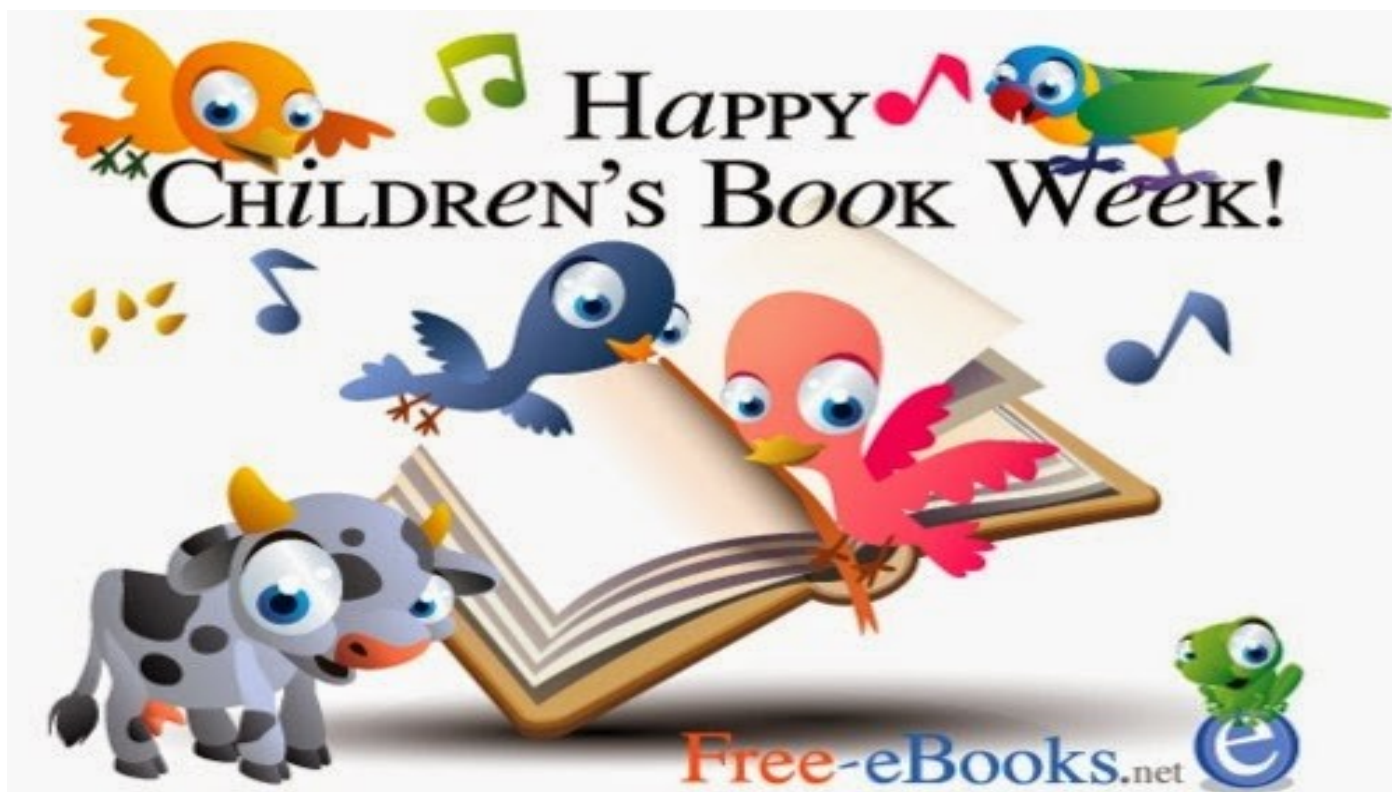
As per the school's uniform policy, it is imperative that all students are wearing the correct full school uniform, including their school hat, every day. Having a school uniform and wearing it appropriately and correctly allows students to feel equal and promotes a sense of identity and pride for their school. Please ensure that your child is wearing the correct school uniform every day, including hair accessories and socks.

If you have any questions about this or any other information, please make a time to see your child's teacher.

Regards,

Miss Alanci (3/4A), Miss Le (3/4L), Miss Mathieson (3/4M), Miss Maisano (5/6M), Mr Talbot (5/6S), and Mr Taylor (5/6T)





	Monday-19/10/20	Tuesday-20/10/20	Wednesday-21/10/20	Thursday-22/10/20
	<p>*School Captains and Vice to make an announcement (PA) in the morning</p> <p><b>**SCRIPT</b></p> <p>Creative Creatures, Wild Minds activity – students to use their wild imagination to create their own creatures based on the book 'Where the Wild Things Are'</p> <p>*Lunch time – Esma to read - <i>Where the Wild Things are</i> over the PA at 1:35pm</p>	<p>Colouring Competition (A4 size)</p> <p>One winner from each cohort- Prep, 1/2s, 3/4s, 5/6s</p> <p><b>Winners will be announced on Thursday afternoon.</b></p> <p>*Lunch time – Luisa to read CBCA shortlisted book- <i>Louie and Snippy Save the Sea</i> over the PA at 1:35pm</p>	<p>Book mark making</p> <p>*Lunch time – Michelle to read CBCA shortlisted book- <i>Tilly</i> over the PA at 1:35pm</p>	<p><b><u>Whole School Dress-Up Day:</u></b></p> <p>Students and teachers to dress as their favourite book creature.</p> <p><b>Click on this link to share ideas with students:</b>  <a href="https://www.familiesmagazine.com.au/childrens-book-week-costume-ideas/">https://www.familiesmagazine.com.au/childrens-book-week-costume-ideas/</a></p> <p>Classroom teachers to take photos of students dressed up and upload photos on <b>Google Drive, 2020, Book Week</b>-find your home group folder.</p> <p>RECESS: Announce winners of colouring competition</p> <p>*Lunch time – Michael to read CBCA shortlisted book- <i>Hello Lighthouse</i> over the PA at 1:35pm</p>



# FOR A HEALTHY LUNCHBOX

## SOMETHING FROM EACH GROUP 1-6!

# PICK & MIX



Developed in conjunction with the Achievement Program to support a whole-school approach to healthy eating.



# FOR A HEALTHY LUNCHBOX

# PICK & MIX

# SOMETHING FROM EACH GROUP 1-6!

## FRUIT 1

### FRESH FRUIT

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honeydew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, apricots
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

### MIXED FRUIT

- Fruit salad
- Fruit kebabs

### DRIED FRUIT

- Dried fruit, nut, popcorn mixes\*

### TINNED FRUIT/SNACK PACKS/CUPS

- In natural juice (not syrup)

## VEGETABLES 2

### FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

### Can serve with either:

- Hummus
- Tomato salsa
- Tzatziki
- Beetroot dip
- Natural yoghurt

### SALADS

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato, lettuce and cheese salad
- Pasta/pasta salad\*

### BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn

### SOUP (in small thermos)

- Pumpkin soup
- Potato and leek soup
- Chicken and corn soup

## MILK, YOGHURT AND CHEESE 3

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoghurt (frozen overnight)
- Custard

**Tip:** Freeze the night before to keep cool during the day

- Cheese cubes, sticks or slices
- Cottage or ricotta cheese
- Cream cheese
- Tzatziki dip

### Can serve with either:

- Fruit
- Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

## MEAT OR MEAT ALTERNATIVE 4

- Tinned tuna or salmon in spring water
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, silver-side, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hummus dip
- Lean meat or chicken kabab sticks
- Peanut butter\*

### Can serve with:

- Wholegrain sandwich roll, pita or wrap bread, wholemeal
- Rice and corn cakes
- Wholegrain wheat crackers
- Side salad

- Vegetable fritters
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and thyme)
- Homemade pizza with lean roast or deli meats and vegetables

### Can serve with:

- Side salad
- Steamed or roasted vegetables

## GRAIN AND CEREAL FOOD 5

### MAINS

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

**Tip:** Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, focaccias, fruit bread and English muffins.

- Pasta dishes
- Rice/quinoa/couscous dishes
- Noodle dishes
- Sushi

### SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable-based muffins
- Pasta or noodle bake

### SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit-based muffins

### SNACKS

- High fibre, low sugar cereal (e.g. muesli)
- English muffins
- Crackers
- Crispbreads
- Rice cakes
- Corn thins
- Wholemeal scones
- Pkalets
- Crumpets
- Hot cross buns (no icing)

## WATER 6

- Take a water bottle (for refilling throughout the day)

**Tip:** Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/nut/nut bar, biscuits, chips, cakes, muffins, scones) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.



\*Check your school's policy regarding the use of nuts and products containing nuts.

For more information about healthy eating and for many tasty recipes, visit the Healthy Eating Advisory Service <http://heas.health.vic.gov.au/>



## Cyberbullying Tips for parents



**Stay calm & open** - listen to your child  
to understand how they are feeling  
before deciding what to do

**Talk to your child about  
cyberbullying before it happens**

**Help your child to block unfriendly users  
& manage their contact with others**

**Collect evidence** such as screenshots  
& **report cyberbullying** to the social  
media service - see eSafety for help

**Contact the school & talk  
about what's happening**

**Get professional help & support** if you notice  
any changes in your child that concern you



Education  
and Training

## Cyberbullying Extra information & support



Parentline  
13 22 89

Kids helpline  
1800 55 1800



eSafety Commissioner  
Bully Stoppers  
Bullying. No Way!  
ehheadspace





# Students leaving Albanvale PS in 2020

Complete the information below and return to the office by

**22nd of October**, if your child is leaving the school at the end of this year so that we may begin the transition process for your child with their new school.

Student: \_\_\_\_\_ in class:

\_\_\_\_\_

Will not be returning to Albanvale PS in 2021.

Name of new school that the student will be attending in 2021: \_\_\_\_\_



# Protect yourself and your family

Cover your cough and sneeze



1

**COVER** your mouth and nose with a tissue when you cough or sneeze.

Put your used tissue in the rubbish **BIN**.



2



3

If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, **NOT YOUR HANDS**.

**WASH** your hands with soap and running water. Dry your hands thoroughly with a disposable paper towel or hand dryer.



4

Stay germ free and healthy