

Newsletter

School Website: www.albanvaleps.vic.edu.au



Dear Parents,

Consistent with health advice to all schools, a number of operational changes have been implemented at Albanvale Primary School. Families will need to plan for and adapt to altered arrangements for student arrival and pick up times. Changes have included staggered drop off and pick up times as well as different entry and exit points. Parents requiring outside school hours care support for the varied times are requested to contact our outside hours care service provider Sweet Sounds on 9310 8955. Thank you to all of our families for adhering to the new times and accessing the correct gate.

We thank you for your cooperation in support of the health and wellbeing of all members of our community.

Parent Teacher Interviews

Parent Teacher Interviews will be conducted via phone conferences on **Tuesday 23rd of June and Thursday 25 of June 2020**, between the times of 3.30pm -6.30 pm. Bookings for Parent / Teacher Interviews are now closed. Confirmation of booking times will be sent home with student's tomorrow. In our endeavour to ensure sustainability of our environment and reduce paper usage, we will only be printing hard copies of students' reports on request. Reports will be available for access through Compass on Monday 22 June.

Whilst the reporting process and parent-teacher interviews provide a formal opportunity for parents to meet with their child's teacher, please note that we have an open door policy at Albanvale Primary School, whereby parents are welcome to make a time to speak with teachers after school at any point throughout the year. Please note at present, all contact should be via email or phone.

Thank you to all teaching staff for the time and effort they have put into collating reports for each student.

School Council Vacancy

We are pleased to announce that the School Council vacancy has now been filled. Congratulations to Olivia Bogojov, she will join our current members: Esma Bala, Nada Stojimenov, Kristy Maisano, Heide Asilioglu, Caroline Zammit, Joanne Walsh, Masarath Khatoon, Nicole Anitipa, Sangeeta Reddy, Jason Burke and myself.

Illnesses

A reminder to parents that children who are unwell should not attend school. If your child is absent due to illness, it is a requirement that you advise the school via the COMPASS app or by calling the office with an explanation regarding the absence. Where a child presents ill at school, they will be appropriately isolated and parents called to collect them.

Canteen

Our canteen facility is expected to re-open at the commencement of term 3. Please ensure your child has a packed healthy snack and lunch. A reminder to families that the school will not be accepting lunches to be dropped off at the office due to the current restrictions for parent access to the school grounds. To ensure that students have an ample and healthy lunch for the school day, we recommend preparing your child's lunch the night before. We encourage children to eat food that is good for their brain development. Please assist us by providing healthy food for children's snacks and lunches each day. This will help their brain function for thinking and learning.

Sports Awareness Program

The Sports Awareness Program will be held next week to support Professional Practice Days. Professional Practice Days provide an opportunity for teachers to engage in professional dialogue and ensure consistency in planning and best practice across all classrooms. Further planning and discussion about student progress is undertaken in teams each week. The Enrichment Team tries to provide a diverse curriculum where the students are involved in varied and fun learning experiences. This term all students will participate in Italian themed rotational activities, commencing on **Monday 22 June** for our grade 3-6 students and followed by our grade Prep-2 student's on **Wednesday 24 June**.

Prep Enrolment 2021

Prep enrolments for 2021 are being taken now. If you have any children who will be attending Albanvale in 2021, please call or visit the school to arrange a tour and receive enrolment information. We encourage families to do this as soon as possible, so that we may begin to plan the prep transition program.

Victorian Premiers' Reading Challenge

The 2020 Victorian Premiers' Reading Challenge is continuing this term.

Reading helps ensure children develop important foundational skills - setting them up for school and for life. Just as importantly, reading also helps our kids imagine, explore and learn more about the world around them. This year, everyone who completes the challenge will receive a Certificate of Achievement - and with more than 12,000 titles on the Challenge's reading list, there really is a book for everyone. For students from Prep to Year 2, the Challenge is to read or experience 30 books. For students in Years 3 to 10, the Challenge is to read 15 books.

School Holidays

Students and staff will break for school holidays on **Friday 26th of June**. Please be aware of the gates and times that your children will be dismissed from on this day:

Prep – Gate A finish at 2:30pm

1/2s – Gate B finish at 2:45pm

3/4s – Gate C finish at 2:30pm

5/6s – Gate D finish at 2:45pm

****Siblings will finish with the eldest child**

School will resume **Monday 13th July at 9:00am for preps (Gate A) & 3/4s (Gate C)**
and at 9:15 for 1/2s (Gate B) and 5/6s (Gate D)

Parents requiring outside school hours care for the earlier finish or during school holidays are requested to contact our outside hours care service provider Sweet Sounds on 9310 8955.

Mrs Vermezovic
PRINCIPAL

R E S P E C T



Term 2:

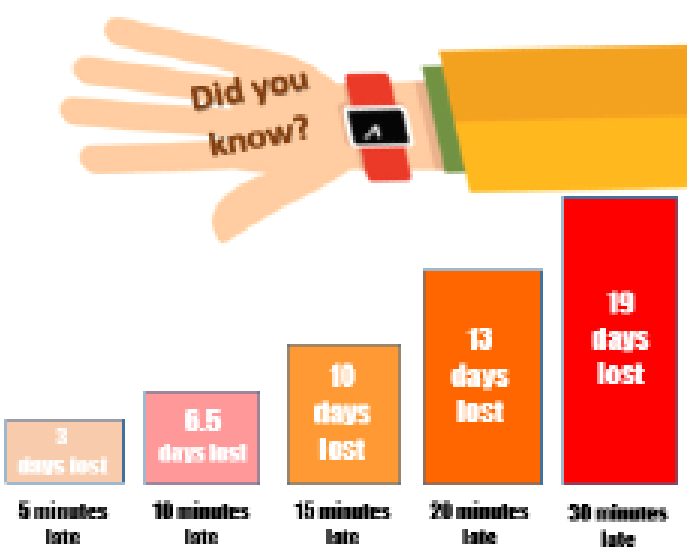
Valuing and accepting others' differences and respecting the right to learn

Thursday, June 18th 2020

Albanvale

Attendance News

GOOD TIMEKEEPING MATTERS



EVERY DAY COUNTS

...and every minute is important

Lost minutes = Lost Learning

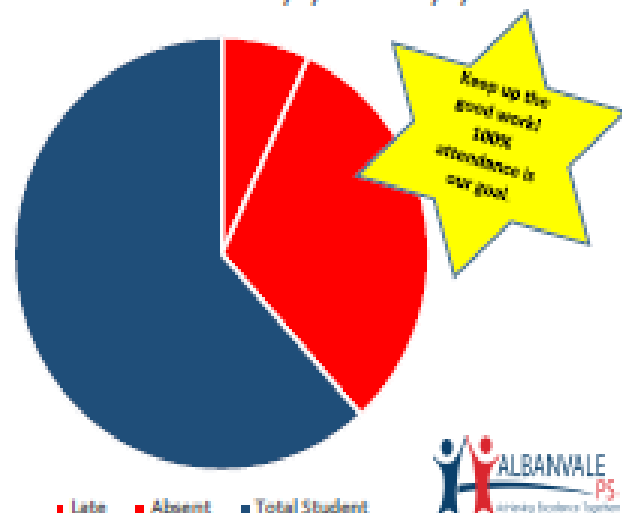


IMPORTANT REMINDER FOR PARENTS

Please avoid making routine medical and dental appointments during the school day or planning family holidays during the term so that your child's learning is not impacted.

Please contact the office when your child is away from school on **9367 2197** or enter the absence into your **Compass App**
Ask the office how

Student Attendance Chart 11/6/2020-18/6/2020



SPORTS AWARENESS

This term student's will participate in Italian themed rotational activities organised by our Enrichment Team.
Join in all the fun whilst learning about Italian culture.

Monday 22nd June

Grade 3-6

PE	Italian sports e.g. soccer and bocce
Library & Art	Learning about Leonardo Da Vinci's work, creating kites
Italian	Making Carnivale masks
STEM	Learning about aqueducts and completing a challenge to transport an object safely and carefully from a high place to the ground

Wednesday 24th June

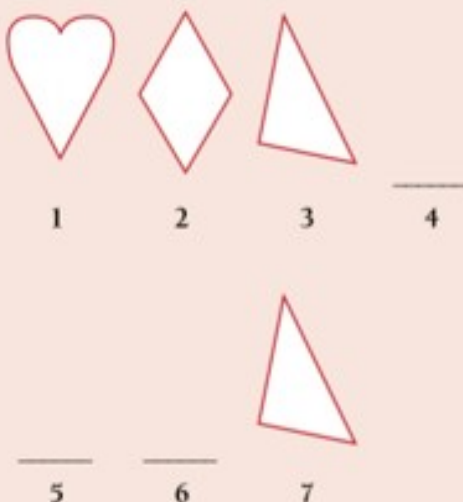
Grades P-2

PE	Learning and performing the Tarantella dance
Art	Creating collage art using pasta
Italian	Making Carnivale masks
STEM	Learning about Venice's canals and completing a challenge to create a floating gondola
Library	Reading the Very Hungry Caterpillar in Italian and completing an activity

Fun Maths Puzzles

Level 1

Kim glues three shapes onto a page to make a pattern. Some shapes come unstuck leaving only those you can see in the picture. Can Kim finish this pattern so that the twelfth shape is a triangle?



Level 2

Peter wants to hang five towels on the line. He can hang them separately using two pegs for each towel or he can hang them with one peg on the corner of two towels. How many pegs will each method take?



Level 3

What would be best: 1 kilogram of \$1 coins or one metre square covered with 20 cent coins?



Level 4

A square picture frame covering 81 cm^2 is cut up and made into a cubic frame. What is the cube's volume?



FOR A HEALTHY LUNCHBOX

SOMETHING FROM EACH GROUP 1-6!

PICK & MIX



Developed in conjunction with the Achievement Program to support a whole-school approach to healthy eating.



FOR A HEALTHY LUNCHBOX

PICK & MIX

SOMETHING FROM EACH GROUP 1-6!

FRUIT 1

FRESH FRUIT

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honeydew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, apricots
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

MIXED FRUIT

- Fruit salad
- Fruit kebabs

DRIED FRUIT

- Dried fruit, nut, popcorn mixes*

TINNED FRUIT/SNACK PACKS/CUPS

- In natural juice (not syrup)

VEGETABLES 2

FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

Can serve with either:

- Hummus
- Tomato salsa
- Tzatziki
- Beetroot dip
- Natural yoghurt

SALADS

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato, lettuce and cheese salad
- Pasta/pasta salad*

BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn

SOUP (in small thermos)

- Pumpkin soup
- Potato and leek soup
- Chicken and corn soup

MILK, YOGHURT AND CHEESE 3

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoghurt (frozen overnight)
- Custard

Tip: Freeze the night before to keep cool during the day

- Cheese cubes, sticks or slices
- Cottage or ricotta cheese
- Cream cheese
- Tzatziki

Can serve with either:

- Fruit
- Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

MEAT OR MEAT ALTERNATIVE 4

- Tinned tuna or salmon in spring water
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, silver-side, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hummus dip
- Lean meat or chicken kabab sticks
- Peanut butter*

Can serve with:

- Wholegrain sandwich roll, pita or wrap bread, wholemeal
- Rice and corn cakes
- Wholegrain wheat crackers
- Side salad

- Vegetable fritters
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and thyme)
- Homemade pizza with lean roast or deli meats and vegetables

Can serve with:

- Side salad
- Steamed or roasted vegetables

GRAIN AND CEREAL FOOD 5

MAINS

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, whole fibre-enriched, soy and linseed, herb, naan, bagels, focaccias, fruit bread and English muffins.

- Pasta dishes
- Rice/quinoa/couscous dishes
- Noodle dishes
- Sushi

SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable-based muffins
- Pasta or noodle bake

SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit-based muffins

SNACKS

- High fibre, low sugar cereal (e.g. muesli)
- English muffins
- Crackers
- Crispbreads
- Rice cakes
- Corn thins
- Wholemeal scones
- Pkalets
- Crumpets
- Hot cross buns (no icing)

WATER 6

- Take a water bottle (for refilling throughout the day)

Tip: Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/nut/nut bar, biscuits, chips, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.



*Check your school's policy regarding the use of nuts and products containing nuts.



Cyberbullying Tips for parents



Stay calm & open - listen to your child
to understand how they are feeling
before deciding what to do

Talk to your child about
cyberbullying before it happens

Help your child to block unfriendly users
& manage their contact with others

Collect evidence such as screenshots
& **report cyberbullying** to the social
media service - see eSafety for help

Contact the school & talk
about what's happening

Get professional help & support if you notice
any changes in your child that concern you



Education
and Training

Cyberbullying Extra information & support



Parentline
13 22 89

Kids helpline
1800 55 1800



eSafety Commissioner
Bully Stoppers
Bullying. No Way!
ehheadspace



LEGO

Challenge Competition

Complete our weekly Lego Challenge to be in the running to win a prize!

Each week we will announce the winner on our Brimbank Libraries Lego Challenge Youtube video.

Submit your entries:

- On Facebook via the Brimbank Libraries Virtual Lego group
- Or on Instagram #brimbanklibrarieslegochallenge
- Or Email them to library@brimbank.vic.gov.au

**Lego kits
to be won!**

Week 1 Terrific Tessellations

A tessellation is a pattern made up of flat shapes repeated and joined together. Create your own pattern using Lego Bricks or any other items you may have in your home.

Entries in by Sunday 31 May, 5pm

Week 2 Perfect Symmetry

Reflection Symmetry is when one half is a reflection of the other half of the object. Can you create a perfectly symmetrical build?

Entries in by Sunday 7 June, 5pm

Week 3 Engineering Challenge

Create your own sail boat or your own car and measure how far your object can travel.

Entries in by Sunday 14 June, 5pm

Week 4 Making Movies

Create your own movie using shadows, stop motion or anything you can think of to tell a story with your Lego.

Entries in by Sunday 21 June, 5pm

Week 5 Geography Challenge

Create your favourite landmark from around the world.

Entries in by Sunday 28 June, 5pm



Visit our website for more information: brimbanklibraries.vic.gov.au

Deer Park	4 Neale Road, Deer Park	T 9249 4660
Keilor	704B Old Calder Highway, Keilor	T 9249 4670
St Albans	71A Alfreda Street, St Albans	T 9249 4650
Sunshine	301 Hampshire Road, Sunshine	T 9249 4640
Sydenham	1 Station Street, Taylors Lakes	T 9249 4680



Libraries
Change Lives

Notification of Payments made using BPay or Direct Deposit

Families can make payments via internet banking for all camps, excursions, incursions and education costs. To assist you with this the office can print out **your statement**, which **will have your unique BPay Reference and Biller Code** as well as the school **banking details for direct deposit** purposes.

After making payments online, it is important to let the office know what you have paid for by completing the details **below and returning to the school** as soon as possible.

Student Name:

Student ID:

Class:

Payment for:

Amount Paid:

Date Paid by BPay/Direct Deposit:

Receipt No:



 **St Albans Sweet Sounds**
Early Learning Centre

**Enquire about our Before
& After School Care!**

 **9310 8955**

 **27-29 Elizabeth Street, St Albans**

School Day

**8.45 - 9.00 students in
classroom**

11.00 - 11.30 Recess

1.30 - 2.15 Lunch

3.15 School Finishes

End of Term 2

Friday 27th June

Finish 2.30pm

Protect yourself and your family

Wash your hands regularly

**1**

Wet your hands.

Put soap on
your hands.

2**3**

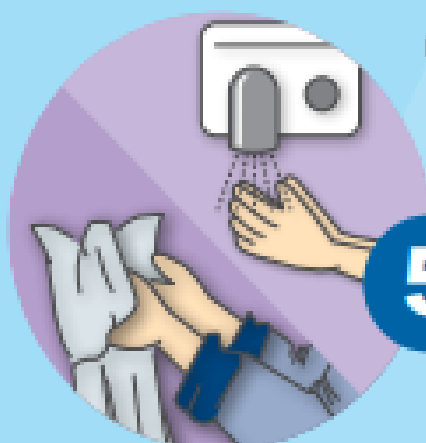
Rub the soap over all
parts of your hands for
at least 20 seconds.



Rinse your
hands under
running water.

4**5**

Dry your hands thoroughly
with disposable paper towel
or hand dryer.



Stay germ free and healthy

Protect yourself and your family

Cover your cough and sneeze



1

COVER your mouth and nose with a tissue when you cough or sneeze.

Put your used tissue in the rubbish **BIN**.



2



3

If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, **NOT YOUR HANDS**.

WASH your hands with soap and running water. Dry your hands thoroughly with a disposable paper towel or hand dryer.



4

Stay germ free and healthy